



## STARTERS

Soup of the Day 8.95

French Onion Soup 10.95

Crispy Calamari 13.95

House Mixed Green Salad 8.95

Ahi Tuna Medallions arugula, chipotle aioli 14.95

Habanero Chicken Wings and Blue cheese 12.95

Rustic Hummus toasted pita 11.95

Fiesta Chili Nachos cheddar, jack, guacamole 14.95

## BIG SALADS

Classic Caesar with house made dressing 12.95  
add chicken: 5 / shrimp: 7 / salmon: 10

Classic Nicoise seared tuna salad 18.95

Grilled Shrimp Salad  
mixed greens, kale, supreme oranges, blue cheese 16.95

Classic Cobb avocado, tomato, bacon,  
blue cheese, egg and grilled chicken 15.95

The Omega 3 Red Beet & Baby Green Salad  
goat cheese, candied walnut 14.95

## BURGERS & SANDWICHES

Served with lettuce, tomato, pickle and hand cut fries  
Start your meal with a cup of soup or house salad for \$3

Martinique Burger Angus burger on brioche 14.95

Bacon Blue Burger balsamic glazed onions,  
blue cheese 17.95

Salmon BLT avocado, red onion tartar sauce 15.95

Double Chipotle Chicken Burger lime guacamole 14.95

Mediterranean Burger house made lamb & beef,  
stuffed with feta, cucumber yogurt Greek salad 16.95

TBLT smoked turkey club 14.95

Steak Quesadilla 16.95

Chicken Pesto sun dried tomato, provolone,  
tomato focaccia 18.95

New York Rueben, rye bread, whole grain dijon 16.95

Grilled Vegetable Panini 16.95

## SEAFOOD SPECIALITIES

Fish & Chips Guinness battered with tartar sauce 18.95

Grilled Atlantic Salmon vegetables, bulgur pilaf 24.95

P.E.I. Mussels Frites garlic, shallots, white wine 18.95

## Market Fresh Vegetables

Sautéed spinach 7.95 / Haricot vert 7.95

Grilled asparagus 8.95 / Seasonal Mixed Vegetables 7.95  
Sautéed Kale 8.95

## PIZZA

Classic Margarita tomato, basil, fresh mozzarella  
12.95 (\$2 per addition: pepperoni, sausage, mushrooms,  
& seasonal vegetables)

Bianca ricotta, mozzarella, crushed red pepper, white  
truffle oil, baby arugula, fresh basil 15.95

Mediterranean Grilled Shrimp feta fondue, tri-color  
peppers, Kalamata olives, onions, oregano 18.95

B-B-Q Chicken smoked gouda cheese and mozzarella,  
house made BBQ sauce, fresh basil & peppers 17.95

Hawaiian ham, pineapple and mozzarella 15.95

## PASTA

Penne a la Vodka tomato, parmesan cheese 16.95

Shrimp & Linguini jumbo shrimp, sun dried tomato,  
baby spinach, scampi sauce 24.95

Pappardelle Bolognese, garlic crostini 21.95

Fettuccini Seafood Pasta, mussels, shrimps, clams,  
calamari with lobster cream sauce 26.95

Chicken Parmesan, over spaghetti marinara 23.95

## QUALITY MEATS

Served with your choice of two sides

NY Strip Steak 12oz 28.95

Filet Mignon 8oz 32.95

Ribeye Steak 16oz Bone-in 31.95

B-B-Q Baby Back Ribs 24.95

“Signature” 48 Hour Rotisserie Chicken  
Half chicken rubbed with our secret blend of spices and  
herbs, brined and marinated for 48 hours and served  
with mashed potatoes and sautéed spinach 24.95

## POTATOES

Hand cut fries 5.95 / Mashed potatoes 6.95  
Sweet potato fries 6.95 / Baked potato 5.95  
Roasted Potatoes 6.95